

Course Date: \_\_\_\_\_ Location: \_\_\_\_\_

Time: \_\_\_\_\_ Presenter/Credentials: \_\_\_\_\_

### Course Summary

This two hour introductory level course for PT/PTA, OT/OTA, RN, Case Managers and other health care professionals offers a brief review of congenital muscular torticollis (CMT) and cranial asymmetry (CA) for the infant population. The intent is to have the therapist participant better understand the relationship between CMT, CA and developmental milestones. The use of cranial remolding orthoses in this population is also addressed. Knowing when to monitor an infant and when to refer them to other medical professionals requires an ability to recognize CMT, identify early CA and distinguish it from craniosynostosis as well as diagnose improvement or worsening of head asymmetry. The course highlights the importance of establishing an interdisciplinary craniofacial team comprised of several skilled health care providers with experience evaluating and treating infants with CA and CMT. It will aid in early identification and choosing treatment interventions which ultimately provides patients in the community optimal care.

### Objectives

Upon completion of this presentation, the participant will be able to: 1) understand the relationship between congenital muscular torticollis (CMT), cranial asymmetry (CA) and the impact of cranial remolding orthoses (CROs); 2) complete a thorough evaluation of an infant utilizing objective measures; 3) understand the relationship between CMT, CA and developmental milestones; 4) recognize the importance of referring patients to the appropriate health care professionals when goals are not being met with conservative management; and 5) discuss the benefits of creating an interdisciplinary team approach.

### Continuing Education Requirements

**In-Person Sessions:** All attendees are required to attend the entire session, sign-in at the beginning and at the end of the course. **Webinar Sessions:** All attendees are required to attend the entire session, and complete a credit request form and evaluation following the session. Throughout the presentation learning outcomes will be assessed through instructor interaction and attendee's participation through Q & A.

### Detailed Course Outline

Sign In/Log-In

Pre Test (if required)

120 Minutes – Lecture

- Congenital Muscular Torticollis
- Cranial Asymmetry
- CMT and CA Relationship
- Developmental Factors Related to CA
- Assessment and Diagnosis; Appropriate Interventions; Consensus Management
- Questions and Answers

Post Test (if required)

Course Evaluation (Online)/Sign-Out/Log Out

### Special Requests

Hanger Clinic strives to make our learning environments fully accessible and want to provide our guests with an opportunity to identify special needs in advance of the course. Please contact your course coordinator.

Note: If course tuition required, see course flyer for policy on fees and cancellation charges. If Hanger cancels for any reason, a full refund of course tuition paid to Hanger will be given.